



NEWSLETTER JULY 2022

Welcome to the first CAA newsletter! We hope to use this to help clubs and county to keep in touch, spread good news and celebrate archery in Cheshire.

We would like to start by congratulating some of our Cheshire Juniors who did so well in the Junio National Outdoor Championships (JNOC) at Lilleshall recently.

Well done to Merry and Allan for coming first in their respective disciplines and age groups at the JNOC metrics and to Jessica, Rhys and Fearne for finishing second.

On the Sunday Jess Rhys and Fearne did us proud, winning medals and shooting personal bests.



Also, congratulations go to Patience for being selected to represent GB at the European Youth Championships.

I think we can all agree that our juniors have done us proud!!

Not just our juniors but 4 of our senior members have been selected to represent England at the Commonwealth Archery Championships of Europe (CACE 2022) being held in Scotland this year.

They are James Cornford, Polly Davis Alex Currums and Leigh Hadfield.

Cheshire is sending a full team to the National inter-county event in September at Lilleshall for the first time. We wish them well and hope they bring back as much bling as our juniors!!

Finally, we would like to remind archers of the need for good sun protection while shooting outdoors. It has been hot and sunny recently and we all need to be careful in the sun!

- Just to remind all members of the importance of protection from the sun during the outdoor season.
- Sun exposure is one of the most important risk factors in the development of skin cancer
- So, make sure you use plenty of sunscreen when out in the sun especially on your face, ears, neck, arms and legs
- Stay hydrated
- Wear a hat
- Stay in shade where possible (a tent for example, when not shooting)
- It does not have to be hot or even very sunny to get sunburn, or get sun damage to skin

This newsletter is for all of you-if you have anything you would like to contribute or anything you would like to see, anything going on in your club please let me know:

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and I will add it to the next one. We hope to produce one each quarter so the next one will be September (autumn edition).

Happy shooting!!

Carol